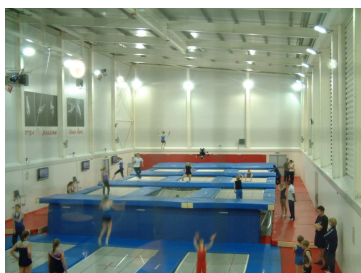




HOLIDAY FUN at the TRAMPOLINE CENTRE

Benham Sports Arena, Kings Park Road, Northampton



The Northamptonshire Trampoline Gymnastics Academy will be running fun sessions during the school holidays at the purpose built trampoline centre based at Benham Sports Arena, Kings Park Road, Moulton Park, Northampton. All classes are headed by a qualified staff. We provide a friendly and professional service, allowing children to learn a wide range of skills including, co-ordination, balance, awareness, agility as well as improving all round fitness and having lots of fun at the same time. We cater for beginners to advanced levels and it is possible to work on the British Gymnastics award schemes to gain certificates and badges. The dates and times for the NTGA holiday activity are listed below.

Book any of the sessions by completing the application below, indicating what session day/time you want to attend.

Price £6.00 for 2 hours of FUN! FUN! FUN!

Unless you hear otherwise please assume your place is booked and turn up at the Northampton Trampoline Centre on the session times you have indicated on the application form below.

----- Please return -----

NORTHAMPTON TRAMPOLINE CENTRE @ BENHAM SPORTS ARENA

| Holiday Dates | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|--|
| EASTER WEEK 1 11-15 th April | 10:00-12:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> |
| EASTER WEEK 2 18-21 st April | 10:00-12:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> | CLOSED BANK HOLIDAY |
| SPRING BANK HOLIDAY 31 st May-3 rd June | CLOSED BANK HOLIDAY | 10:00-12:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> |
| SUMMER WEEK 1 25-29 th July | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> |
| SUMMER WEEK 2 1-5 th August | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> |
| SUMMER WEEK 3 8-12 th August | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> |
| SUMMER WEEK 4 15-19 th August | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> |
| SUMMER WEEK 5 22-26 th August | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> |
| SUMMER WEEK 6 30 th Aug-2 nd Sept | CLOSED BANK HOLIDAY | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> | 10:00-12:00 <input type="checkbox"/> 13:00-15:00 <input type="checkbox"/> |

To book your Holiday Fun, please complete the form & return to NTGA with full payment

| | | | | | |
|--|------|---|----------------|--|--|
| Name: | | Address: | | | |
| D.O.B: | Age: | Home tel: | | Emergency tel: | |
| Total sessions @ £6: | | Total amount paid £ | | Please make cheques payable to NTGA | |
| Medical conditions: | | | | | |
| <p>Vigorous Activity Due to the nature of the sport of trampoline gymnastics, we wish to inform you that the possibility of injury does exist. In particular, the sport involves repetitive contact with the trampoline bed whilst performing skills, and also in a variety of landing positions. In an effort to ensure safer practice, it is vital that the participant follows the coach's instructions at all times and follow the code of practice, in order to decrease the possibility of injury.</p> <p>Parent Consent I authorise the staff at N.T.G.A to seek treatment for any injury incurred by my child whilst trampolining. In the event I cannot be reached, I hereby authorise the doctor and/or hospital staff to perform any necessary emergency treatment to the injury. If you do not want to give permission, or authorisation for consent to medical treatment please advise staff what procedure should be followed.</p> | | | | | |
| Signed by Parent/Guardian: | | | Print Name: | | |
| | | | Email Address: | | |
| Please return this form to: Harvey Smith, NTGA HOLIDAY PROGRAMME Northampton Trampoline Centre, Benham Sports Arena, Kings Park Road, Moulton Park, Northampton NN3 6LL | | | | | |
| Website: www.ntga.co.uk | | email: info@ntga.co.uk | | tel: (01604) 645120 | |

