



SUMMER FUN at the TRAMPOLINE CENTRE



Benham Sports Arena, Kings Park Road, Northampton



The Northamptonshire Trampoline Gymnastics Academy will be running fun sessions during the summer holidays at the purpose built trampoline centre based at Benham Sports Arena, Kings Park Road, Moulton Park, Northampton. All classes are headed by a qualified staff. We provide a friendly and professional service, allowing children to learn a wide range of skills including, co-ordination, balance, awareness, agility as well as improving all round fitness and having lots of fun at the same time. We cater for beginners to advanced levels and it is possible to work on the British Gymnastics award schemes to gain certificates and badges. The dates and times for the NTGA summer activity are listed below.

Book any of the sessions by completing the application below, indicating what session day/time you want to attend.

Price £6.00 for 2 hours of FUN! FUN! FUN!

Unless you hear otherwise please assume your place is booked and turn up at the Northampton Trampoline Centre on the session times you have indicated on the application form below.

----- Please return -----

NORTHAMPTON TRAMPOLINE CENTRE @ BENHAM SPORTS ARENA

	WEEK 1 26 th July – 30 th July	WEEK 2 2 nd – 6 th August	WEEK 3 9 th – 13 th August	WEEK 4 16 th – 20 th August	WEEK 5 23 rd – 27 th August
Mon	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []
Tues	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []
Wed	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []
Thurs	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []
Fri	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []	10:00 – 12:00 [] 13:00 – 15:00 []

Book as many sessions as you want @ £6 for a 2 hour session of FUN! FUN! FUN! Book 5 sessions and save £5

To book your summer fun, please complete the form & return to NTGA with full payment

Name:		Address:	
D.O.B:	Age:	Home tel:	Emergency tel:
Total sessions @ £6:		Total amount paid £	Please make cheques payable to NTGA
Medical conditions:			
<p>Vigorous Activity Due to the nature of the sport of trampoline gymnastics, we wish to inform you that the possibility of injury does exist. In particular, the sport involves repetitive contact with the trampoline bed whilst performing skills, and also in a variety of landing positions. In an effort to ensure safer practice, it is vital that the participant follows the coach's instructions at all times and follow the code of practice, in order to decrease the possibility of injury.</p> <p>Parent Consent I authorise the staff at N.T.G.A to seek treatment for any injury incurred by my child whilst trampolining. In the event I cannot be reached, I hereby authorise the doctor and/or hospital staff to perform any necessary emergency treatment to the injury. If you do not want to give permission, or authorisation for consent to medical treatment please advise staff what procedure should be followed.</p>			
Signed by Parent/Guardian:		Print Name:	
		Email Address:	
Please return this form to: Harvey Smith, NTGA SUMMER PROGRAMME Northampton Trampoline Centre, Benham Sports Arena, Kings Park Road, Moulton Park, Northampton NN3 6LL			
Website: www.ntga.co.uk		email: info@ntga.co.uk	
		tel: (01604) 645120	